

WHAM!

Be a Seashell Superhero!



Our students are superheroes...you can be too!

POW!

Seashell Superhero Information Pack

Be a **Seashell Superhero** throughout **July** and raise funds for children and young adults with the most complex disabilities!



Registered Charity 1092655



Seashell

Seashell | What we do

At Seashell, we transform the lives of children and young adults with the most complex disabilities.

Based in Stockport, Greater Manchester, we operate a non-maintained special school, an independent specialist college, together with residential and respite facilities.

We also deliver expert education and support beyond our school and college to individuals, organisations and families from across the country as part of our External Services.



Did you know?

Disability Pride month takes place in July

BOOM!



What is **Disability Pride**?

Disability Pride is a celebration of people with disabilities, their culture and their contributions to society.

Disability Pride and Disability Awareness are important tools for enabling more people to learn about people with disabilities and some of the challenges they face in society.

We hope you'll use your Seashell Superhero Day to learn more about disabilities and ways you can support children and young adults with different needs.

WHAM!

Superheroes...**Assemble!**



How to get involved...

Choose one of our super ideas from below or come up with your own!

1. Dress as a superhero

Make a donation and get suited up in your favourite superhero outfit or do something more understated like wearing a superhero tie or socks in the office.

2. Super challenge

Take part in a sponsored walk, run or wheel challenge and download our Seashell Superhero certificate on our superhero web page to celebrate your achievements. If you work at a school or college, why not do a Superhero assault course as part of your PE lesson?

3. Super bake

Organise a cake sale or bake-off competition.

4. Colour in our superhero

For our little superheroes we've designed a special colouring challenge just for you. If you're a teacher at a nursery or school, why not use our template in this booklet to run a competition? Don't forget to include your superhero's name and super power!



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Spread the word

BOOM!

We would love to see how you get on with your fundraising event... please share your photos on social media & don't forget to tag us!

Search for **Seashell Trust** on...



WHAM!

POW!

Find out more:
seashelltrust.org.uk

Contact us:
fundraising@seashelltrust.org.uk
0161 610 0170



How to send in your donations...

On our website...



in person...



over the phone...

by cheque...



on Just Giving

Scan to find our
Just Giving page



giftaid it

If you are a UK taxpayer your donation will be worth 25% more. This can make a huge difference to your final donation. Your £100 donation would be worth £125 with Giftaid!

SuperBear!

Colour in our Seashell mascot as a superhero



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Can you sign your superhero name?

Whether you're Catwoman or Spiderman, let your superpower be the power to sign your own super name...

Aa



Bb



Cc



Dd



Ee



Ff



Gg



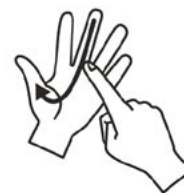
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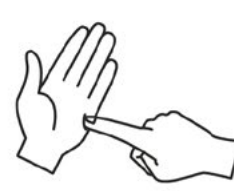
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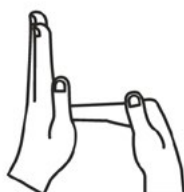
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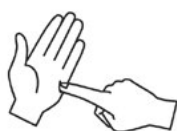


Zz



For example...

Tt



Hh



Oo



Rr



Max's Story



Max came to Seashell having struggled with social isolation.

He found it difficult to make friends and even found going outside into his own garden challenging.

But since being a student at Seashell's Royal College Manchester, Max has grown in confidence and has even progressed to become a College Ambassador, representing Seashell and the college at events and meeting new people all the time.

Hi mum Paula said: *"Since being at Seashell, Max has become so much more independent, especially having the extended support through his residential placement. This has enabled him to discover more about himself and what he enjoys doing – **he really is living his best life!**"*

"Having the opportunity to stay at Seashell during the week has increased his independence and self-esteem hugely. Although we miss him during the week, having that space helps us feel energised when he comes home at the weekends."

"We wish Max could stay at Seashell forever, and we couldn't be happier with the progress he has made."



Seashell is now supporting Max with his employment prospects, so he can enjoy a bright future when he leaves us. He is enjoying work experience at local National Trust sites and has also done volunteer work at Seashell's site. Our training and education support means Max can learn vital skills to ready him for a fulfilling and meaningful career.

Your fundraising will enable us to help more young people like Max feel confident and even gain the skills they need to join the world of work. We couldn't do all this without supporters like you.

Thank you for being a Seashell Superhero!